

COOKING LIGHT THE NEW WAY TO COOK LIGHT: FRESH FOOD & BOLD FLAVORS FOR TODAY'S HOME COOK

****James Beard Award Winner 2013****An Instant Classic! Inspired by fresh, local ingredients; and infused with bold, authentic flavors, Cooking Light The New Way to Cook Light is a celebration of healthy cooking and eating in America today. The more than 400 mouth-watering recipes, tips, and techniques in this book represent the new way to cook light--fresh, healthy, and--most importantly--delicious. With Nine Simple...



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Cooking Light The New Way to Cook Light: Fresh Food & Bold Flavors for Today's Home Cook

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Reader's Opinions

If I could only buy 1 cookbook for the rest of my life, it would be the Joy of cooking... and then this one! LOL!

I love Cooking Light magazine, and this cookbook is the magazine on steroids. Great tips that can be extended beyond the recipes contained in the book itself. The vegetarian section is really good--lots of new combinations of ingredients to keep a vegetarian happy! There are precious few recipes in this book that I won't try. A powerful...