FRENCH TASTE IN ATLANTIC CANADA, 1604-1758: A GASTRONOMIC HISTORY / LE GOÛT FRANÇAIS AU CANADA ATLANTIQUE, 1604-1758: UNE HISTOIRE GASTRONOMIQUE

Through stories, images and recipes, French Taste in Atlantic Canada is a study of early French cuisine in the region. The book is an exploration of how the first generations of French who settled in the region learned about, reacted to and began to work with local food knowledge and ingredients. Understanding how people used the food around them, how they combined it with imported foods and techniques, and how they adapted and shared that...



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This book is part history, part cultural studies, and part cookbook. It's French cuisine with an Atlantic Canadian twist. The book describes the culinary habits of the French who came to Atlantic Canada...